



James Bowie High School

❖ Pride In Performance ❖

Wednesday, January 24, 2018

The Austin ISD Board of Trustees has voted to **approve the instructional calendar** for the 2018-2019 school year. The first day of class for students will be August 20, 2018, with August 13 as the first day for teachers. The last day of class for students will be May 24, 2019. Campuses may choose to add professional development days/student holidays as part of Austin ISD being a District of Innovation. Those dates have not yet been determined. The district-wide calendar for the *current* school year is available at <https://www.austinisd.org/calendar>.

Online registration for students returning to Austin ISD for the 2018-2019 school year is now available online in the AISD Parent Cloud. Parents registering students **new to AISD** will need to create a Parent Cloud account before accessing the Online Registration system. Specific documentation will also be required at the campus. All returning students who have had a **recent change of address** must also submit proof of residency to their campus for the 2018-2019 school year. Only parent/guardian contacts are able to use the online registration system. If you have any questions or need assistance with Parent Cloud or Online Registration, please contact your student's campus or call Parent Technology Support at 512-414-9187.

As you may know, the flu season is especially bad this year. Flu viruses spread through droplets from an infected individual when they cough, sneeze, or talk. The droplets containing the virus can travel from person to person in close contact or land on an object or surface where unsuspecting individuals may touch and then later touch their mouth, eyes, or nose before washing their hands. Symptoms (fever, chills, headache, body ache, weakness, nausea, sore throat, cough, and congestion) usually do not develop immediately, and the infected individual will not show signs or symptoms until a day or two, allowing them to pass the virus on to others. This is why it is important to follow the three-step approach or, at the minimum, the everyday preventive actions as recommended by the Center for Disease Control (CDC.)

“CDC recommends a three-step approach to fighting influenza (flu). The first and most important step is to get a flu vaccination each year. But if you get the flu, there are prescription antiviral drugs that can treat your illness. Early treatment is especially important for the elderly, the very young, people with certain chronic health conditions, and pregnant women. Finally, everyday preventive actions may slow the spread of germs that cause respiratory (nose, throat, and lungs) illnesses, like flu.”

What are everyday preventive actions?

- Try to avoid close contact with sick people.
- If you or your child gets sick with flu-like illness, CDC recommends that you (or your child) stay home for at least 24 hours after the fever is gone except to get medical care or for other necessities. The fever should be gone without the use of a fever-reducing medicine.
- While sick, limit contact with others as much as possible to keep from infecting them.
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.

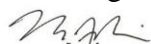
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose, and mouth. Germs spread this way.
- Clean and disinfect surfaces and objects that may be contaminated with germs like the flu.
- If an outbreak of flu or another illness occurs, follow public health advice. This may include information about how to increase distance between people and other measures.
- For more information, visit: www.cdc.gov/flu or call 1-800-CDC-INFO

The JBHS Red Cross Club is sponsoring a We Are Blood **blood drive on campus** in the Southwest Room on January 30, 2018. We Are Blood is unique as an organization because the blood donated stays in Austin to serve our community needs. We'd love to have as much participation as possible from students AND staff! The blood drive will run from 9:00 a.m. to 3:00 p.m. Students are able to sign up for slots during both lunches on the Friday and Monday before the blood drive, or by stopping by C103 any time before January 30. Students need to be 17 or older and are not required to have a permission form signed. They will be assessed by the We Are Blood staff for eligibility requirements (such as weighing over 115 lbs.) Students are encouraged to eat a hearty breakfast before coming to donate.

Have you taken the 2017–18 Parent & Families Survey yet? If not, this is your chance to let us know how we can do better as well as what we're doing right! Take the survey in English, Spanish or Vietnamese: <http://bit.ly/2qDiJbc> In addition, Austin ISD Food Services is launching a [survey](#) which will be open until February 16, 2018, to collect information that will help us create menus that best meet the needs and tastes of our communities. Please take a few minutes to give us your feedback!

Now that everyone has an AISD issued Chromebook or personal device, we are using them for learning every day. Please remind your child to **charge their device** overnight and bring the Chromebook and charging cord to school. If a student's Chromebook is not working or needs servicing, he/she should sign up for a FIT session with Ms. Theis. **All repair and service requests must go through Ms. Theis.**

Go Dawgs!



Mark Robinson, Principal
James Bowie High School

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