

James Bowie High School

Pride In Performance <</p>

Wednesday, March 13, 2019

Greetings Bulldog Nation,

What does your student have planned for Spring Break? **Spring Break is a great time for getting some much need self-care, volunteering, or planning college visits.** Spring Break can be used to recenter and explore different areas of self-care before the push to the end of the school year. The JBHS Counseling Team is challenging students to try a new self-care strategy each day, such as going for a walk, spending time outside, experimenting with creativity, or meditating. Another form of self-care is participating in volunteer community service. Austin360 created a comprehensive list of local volunteer opportunities. Students can give back to their community while also adding to their future college resumes. Over Spring Break, students can explore their college options and learn more about the college admissions process by scheduling a planned visit at some of the nearby universities, such as University of Texas, Texas State, University of Mary Hardin Baylor, St. Edwards, Texas Lutheran University, Concordia, or Baylor University. Please talk to your child about life-fit (managing time dedicated to school responsibilities, family commitments, and personal well-being) and getting the most out of next week!

In an attempt to help minimize traffic congestion before and after school, please follow the traffic flow plan outlined below for parent pick up and drop off.

Entry from Slaughter Lane:

- Stopping in the entryway and turning right by the tennis courts in prohibited.
- Enter into the double lane in front of the school. If you are dropping off or picking up a student or stopping for any period of time, please move to the far right lane; otherwise, stay in the far left lane and continue to move.
- Continue around the loop and exit onto Slaughter Lane.
- Parents cannot exit onto Wolftrap during drop-off and pick-up times.

Entry from Wolftrap:

- Enter into the double lane on the right side by the flagpole. If you are dropping off or picking up a student or stopping for any period of time move to the far right lane, otherwise stay in the far left lane and continue to move.
- Exit onto Slaughter Lane. Parents cannot exit onto Wolftrap during drop-off and pick-up times.

The list of names of candidates for graduation has been prepared and ready for review for accuracy by the Class of 2019 and their family. Since diplomas and transcripts are legal documents, names must match what is on the student's birth certificate or have a legal document on file showing a name change. However, beginning this year, the name printed in the graduation program or announced during the ceremony may be a preferred name. Students, even those over the age of 18, must have a parent/guardian approve any name change request for the graduation ceremony. Lists of names are available in the main office, counselors' offices, the College/Career Center, senior English, government, and economic classes. Forms for making name change requests are available in

the main, front office and with the counselors. All name change forms are to be turned into the registrars' office no later than April 1, 2019.

One of Bowie's ongoing initiatives is **digital citizenship and student safety on social media.** Austin ISD has free resources available on the <u>digital citizenship web page</u>. New resources include the Statfor comprehensive guide to cybersafety for families of students ages 7-11 and 12-18. These guides are designed to be read by parents/guardians and discussed with students. There is a separate section with parent tips and guidelines for parent controls.

With Spring Break coming up next week, we know that consistent access to healthy food may be challenging when AISD is closed. The **Central Texas Food Bank** provides resources to help take care of families throughout the year and during school breaks. Families may contact the Food Bank at 877.541.7905 or call 2.1.1 for additional food resources in Austin.

Public Schools Week is March 25-29, 2019. National education groups representing teachers, principals, superintendents, parents, and school board members will be celebrating the achievements of our public schools. For details on how anyone associated with advocating for the strength of public education can get involved, visit www.lovepubliceducation.org.

Sincerely,

Mark Robinson
Principal
James Bowie High School
Follow me on Twitter @robinson_mark_a